



PSA 2017 – SALTA & JUJUY - ARGENTINA
SALTA & JUJUY:
HIKE SALT FLATS, JUNGLE, &
MULTICOLORED MOUNTAINS
October 12-15, 2017 (4 DAYS / 3 NIGHTS)



AUTENTICA
SALTA

 www.autenticasalta.com

TRIP DETAILS



TRIP DURATION

October 12-15
(4 days/3nights)

MEETING POINT

Airport of Salta,
before 3 PM on
October 12, 2017

END OF TRIP

Salta City,
October 15

ITINERARY DIFFICULTY

Moderate (3) - Good physical fitness required; ~4-6 hours activity/day

ALTITUDE

Salta: 1.187 masl (3.894 feet). Purmamarca: 2,324 masl (7,625 feet);
Maximum Altitude Reached (by vehicle at Cuesta del Lipan en
route to Salinas Grande): 4.170 masl (13.681 feet)

WEATHER 12-25 C, 52-78 F

GROUP SIZE 2-12

PRICE PER PERSON **USD \$1,130**

TRIP SUMMARY

DATE

MEALS

DAY 1**October 12**

Arrive in Salta before 3:00pm. Night in Salta.

HIGHLIGHTS: MAAM (High Mountain Archaeological Museum).

HOTELS (twin share): Solar de la Plaza, Ayres de Salta,
Balcón de la Plaza & Villa Vicuña.

Dinner**DAY 2****October 13**

Salta. Night at Estancia El Bordo de las Lanzas.

HIGHLIGHTS: Hike in Las Costas Natural Reserve (4 hours, hilly)
& Estancia El Bordo de las Lanzas.

HOTEL (twin share): Estancia El Bordo de las Lanzas.

**Breakfast,
Packed lunch,
Dinner****DAY 3****October 14**

Estancia El Bordo de las Lanzas – Purmamarca. Night in Purmamarca.

HIGHLIGHTS: Hike Tumbaya (4 hours, hilly), Seven Colour Mountain
& Salt Flats.

HOTELS (single occupancy): Manantial del Silencia & La Comarca.

**Breakfast,
Packed lunch,
Dinner****DAY 4****October 15**

Purmamarca – Salta. Night in Salta (hotel not included)

HIGHLIGHTS: Hike with Llamas (3 hours, hilly).

**Breakfast,
Lunch,
Dinner**

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ACCOMMODATION

Salta, October 12
(twin share rooms)

- **Solar de la Plaza:** www.solardelaplaza.com.ar
- **Hotel Ayres de Salta:** www.ayresdesalta.com.ar
- **Balcón de la Plaza:** www.balcondelaplaza.com.ar
- **Villa Vicuña:** www.villavicuna.com.ar/salta

Estancia, October 13
(twin share rooms)

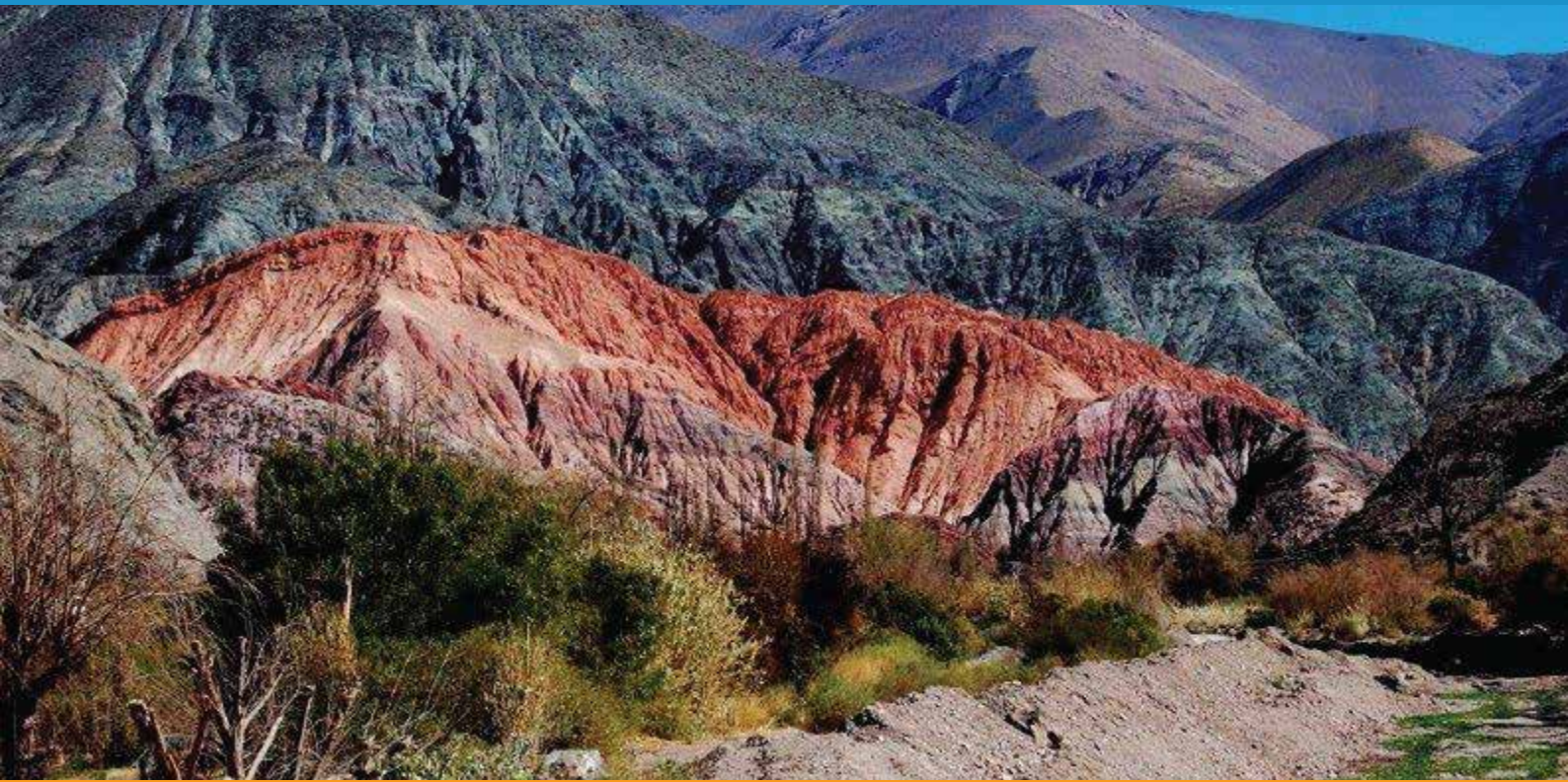
- **Estancia El Bordo de las Lanzas:** www.estanciaelbordo.com

Purmamarca, October 14
(single occupancy)

- **La Comarca:** www.lacomarcahotel.com.ar/docs/eng
- **Manantial del Silencio:** www.hotelmanantialdelsilencio.com

NOTE: in Salta and Purmamarca, the group will be split among different hotels due to availability.





SALTA & JUJUY: HIKE SALT FLATS, JUNGLE, & MULTICOLORED MOUNTAINS

Northwest Argentina is color. Its territory covers many landscapes, from the multicolored mountains of Purmamarca to the jungle's exuberant green.

Northwest Argentina is nature and invites you to connect with sensations. At each step, on each road, you find some detail inviting you to stop and for a moment become part of the natural scenario.

Northwest Argentina is tradition. Its culture is alive in the streets, the people, the food, the music and the handicrafts. It is friendly and welcoming. The spirit of its people matches the beauty and vastness of its landscapes.

It is unique. Come to Northwest Argentina and discover its beauty. The trip of a lifetime.

LOCATION



ABOUT THE REGION ▼

Salta and Jujuy are in the northwest of Argentina, set at the foot of the Andes Mountains. Both have excellent air and land, national and international transportation. They combine a great landscape diversity with culture and history. Given the diverse geography, jungle, high mountains and dry valleys, Salta & Jujuy have many climates. Days are temperate and nights are cooler. At higher altitudes, this temperature difference increases. Both can be visited all year round.

Salta & Jujuy's cuisines are as rich as their history. This region offers regional and gourmet food served with high altitude wines. Altitude wines are one of Salta's symbols. In the vineyards planted above 3,000 meters above sea level (9,842 feet), distinctive flavors and aromas are acquired.

Spanish is the official language. However, English is spoken at hotels, restaurants and most stores. With over 65% of the bird species of Argentina, Salta is a paradise for bird watchers. Salta is one of the provinces that best cares for its environment, over 16% of its total surface is protected area. Enjoy visiting its National Parks and Natural Reserves.



SALTA IN THE WORLD

i For more information about the region and its towns visit our website www.autenticasalta.com



DETAILED ITINERARY

DAY 1 – OCTOBER 12

THE CITY OF SALTA

HIGHLIGHT

MAAM - High Mountain Archaeological Museum

We meet you at Salta City's airport and transfer you to your boutique hotel. The City of Salta is one of the best preserved in Argentina. Neocolonial houses and churches stand out near the main square like the Cathedral, the Cabildo or the Town Hall, San Francisco Church and San Bernardo Convent. The Inca culture was very important in this region. At 4:00 PM we visit the MAAM (High Mountain Archaeological Museum), one of the most important museums in Argentina. It was created to preserve the frozen bodies of the Children of the Llullaillaco, three Inca children found perfectly preserved in 1999, on the summit of the Llullaillaco Volcano at 6.700 meters above sea level (21.981 feet). Their magnificent funerary offerings are also kept with them, as well as diverse objects, tools and crafts distinctive of this ancient civilization. Welcome dinner. Night in Salta at Solar de la Plaza, Ayres de Salta, Balcón de la Plaza y Villa Vicuña.



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DAY 2 – OCTOBER 13

HIKE LAS COSTAS NATURAL RESERVE & ESTANCIA

HIGHLIGHT

Hike in Las Costas Natural Reserve & Estancia El Bordo de las Lanzas.

Breakfast at the hotel. From 8.30 to 8.50 AM we pick you up and drive to Las Costas Natural Reserve. It is in San Lorenzo with an area of 10,500 hectares and was created to conserve the yungas forests and the drinking water source of the city of Salta and San Lorenzo. Laurel, creole walnut, cedar, alders and pine, and varied fauna such as puma, collared peccary and brocket deer are protected in this area. Andean condor, red-tailed comet and woodpeckers are some of the highlights. This reserve is an IBAs (Important Bird and Biodiversity Area) because it has more than 230 species of birds. We do a hike of 4 hours listening the incredible sound of these birds. After this hike, we drive towards Estancia El Bordo de las Lanzas, located in the province of Salta, one of the oldest estates in the country. Its property deed dates as far back as 1609. Salta is a land of gauchos where, for the visitor, rural life is full of charm

and surprises. Estancias and fincas are noted for their traditions and hospitality. They easily combine a rural active lifestyle with relaxation and nature. We have dinner at El Bordo de las Lanzas, a typical Argentinean Estancia. Night at El Bordo de las Lanzas.



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DAY 3 – OCTOBER 14

HIKE TUMBAYA & SALT FLATS

HIGHLIGHT

Hike Tumbaya, Seven Colour Mountain & Salt Flats.

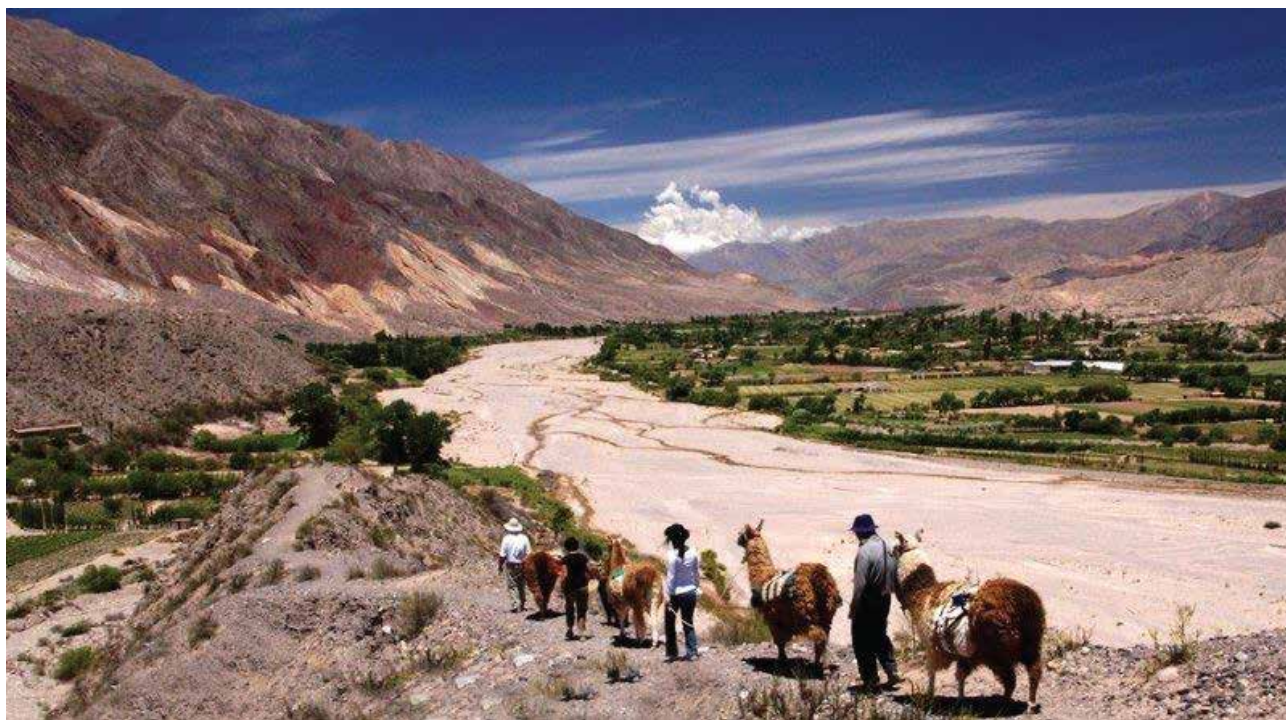
After breakfast, we drive towards Tumbaya, a small town in the Quebrada de Humahuaca. This day we appreciate the multicolored mountains of The Quebrada de Humahuaca in Jujuy province. In 2003 it was declared an UNESCO heritage site. There are a lot of small towns along The Quebrada de Humahuaca: Tumbaya, Purmamarca, Maimará, Tilcara, Uquía and finally Humahuaca. We do a hike of 4 hours in Tumbaya with packed lunch. After this hike, we drive towards Purmamarca. We arrive in Purmamarca, a small town known for its Seven Colored Mountain, where we spend the night. We can visit the square, the church and the artisan market where you can buy crafts. Purmamarca is an ideal place to relax. In the afternoon, we go up to the highest point in Cuesta del Lipan 4,170 masl (13,681 feet). This is an international route that goes to Chile and Bolivia. At this point, we descend to Salinas Grandes, one of the biggest salt flats in Argentina. It is in the limit of Salta and Jujuy provinces, at more than 3,000 masl (9,842 feet). With an area of 212 km², this enormous “white sea” of salt is one of the breathtaking landscapes in Argentina. We will be able to discover this place walking at a slow pace because of the altitude. Dinner. Night in Purmamarca at Manantial del Silencio & La Comarca.



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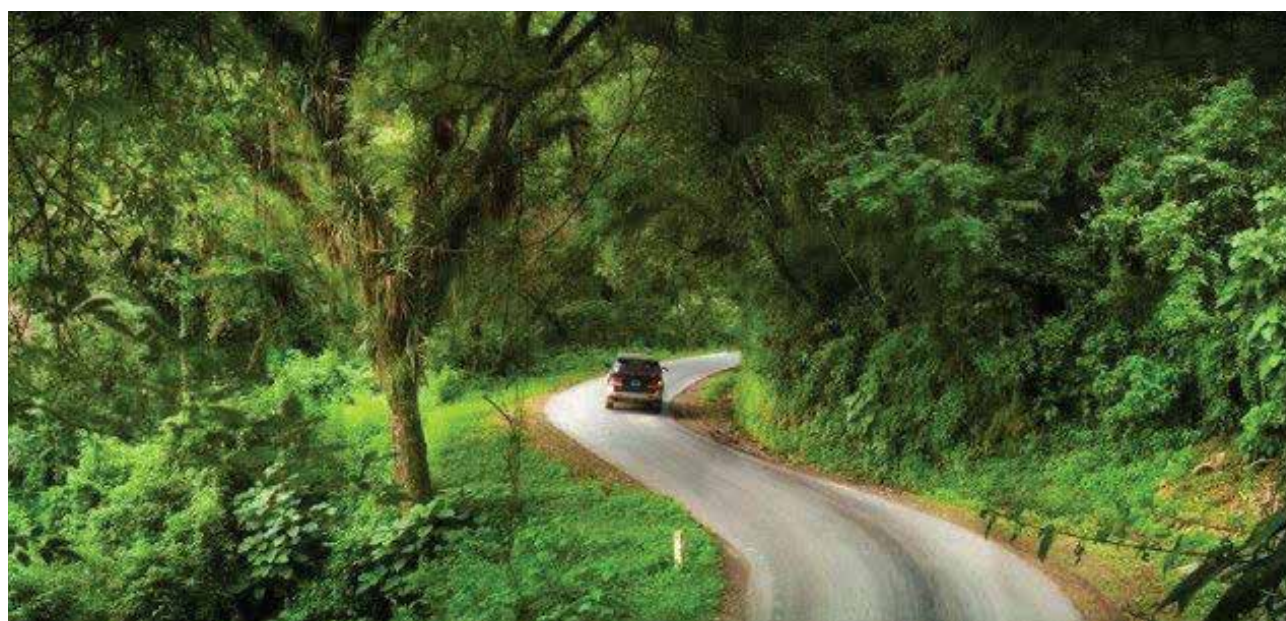
DAY 4 – OCTOBER 15

CARAVANA DE LLAMAS

HIGHLIGHT

Hike with Llamas

In our last day, we drive from Purmamarca to Tilcara where we hike with llamas. We visit a small family winery during this hike (3 hours) where we have lunch. After lunch, we return to Salta. We drive through an incredible cloud forest, an ideal environment for bird watching. Today we appreciate the diversity of landscapes, from the multicolored mountains of The Quebrada de Humahuaca to the green of the jungle. Farewell dinner at Nano Escudero and Sole's house, the owners of AUTENTICA SALTA. After dinner, transfer to your hotel in Salta.



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SERVICES INCLUDED

- › Accommodation: 1 night in Salta, 1 night in Estancia El Bordo de las Lanzas and 1 night in Purmamarca.
- › Meals: all meals included from dinner on the Day 1 until the dinner on day 4. 3 breakfasts, 2 packed lunches, 1 lunch and 4 dinners.
- › Water, fresh fruits and healthy snacks during the trip.
- › Entrance fees.
- › Hikes: Las Costas Natural Reserve (4 hours), Tumbaya (4 hours) and Caravana de Llamas (3 hours).
- › Visit small winery.
- › Ground transportation.
- › English Speaking Guide.
- › Internet fees.
- › Medical kit.
- › Taxes

SERVICES NOT INCLUDED

- › Alcoholic beverages.
- › Laundry fees.
- › Domestic flights.
- › International flights.
- › Gratuities.
- › Trip cancellation/medical/evacuation insurance.
- › Expenses due to withdrawal of the program.

HIGH ALTITUDE ALERT:

This trip ascends to high altitude, traveling above 2,438m/8,000' for part of the trip. The highest altitude reached, 4,170m/13,681', is by vehicle at Cuesta del Lipan (mountain pass) en route to Salinas Grande. However, sleeping occurs below 2,438m/8,000'. Still, it is important you understand the symptoms of acute mountain sickness (AMS) and the more severe forms of altitude illness, HAPE (High-altitude pulmonary edema) and HACE (High-altitude cerebral edema) so that you can self-monitor your reaction to high altitude. Take the necessary precautions to prevent or alleviate symptoms of high altitude such as staying hydrated, avoiding alcohol, and eating well. Be sure to share any symptoms with your guide.

The Golden Rules

1. If you feel unwell, you have altitude sickness until proven otherwise.
2. Do not ascend further if you have symptoms of altitude sickness.
3. If you are getting worse then descend immediately.

For more information: [Altitude Illness at CDC \(Center for Disease Control\)](#); [Altitude sickness at altitude.org](#)



GEAR & CLOTHING

The difficulty rating of the hikes is moderate and you won't need special technical equipment. October is a month without rains, although sometimes we have some short rains. During the days, the temperature is 25 C/78 F and nights are cooler, 12 C/52 F. We recommend to bring the following items:

Luggage:

- Medium to large duffel or rolling soft-sided luggage
- Packing cubes/stuff sacks
- Day pack - big enough to carry a water bottle and any personal affects you may need during the day.

Clothing:

- Casual clothing/shoes for travel and city wear (lightweight, easily washable)
- Light rain/windproof jacket
- Jacket – fleece or softshell
- T-shirts, quick drying
- Long sleeve shirt, quick drying
- Hiking pants and shorts
- Underwear/sports bra (quick drying)
- Sleepwear
- Swimwear

Footwear:

- Hiking shoes
- Hiking socks, synthetic or wool

Assorted Personal Items:

- 1L Water bottle or hydration bladder
- Sunscreen and lip balm with SPF
- Sun hat
- Sunglasses
- Personal hygiene items (toothpaste, toothbrush, etc.)
- Personal first aid kit, medications
- Camera/memory cards/battery
- Small personal drybag - to protect your camera and electronics
- Optional:
 - › Earplugs and eye shade
 - › Binoculars
 - › Plug Adapter
 - › Cash to buy crafts or souvenirs
 - › Flashlight/headlamp
 - › Trekking poles (collapsible)

GETTING TO AND FROM SALTA

Important Note: please take note of which airport in Buenos Aires you are arriving and departing when you book your airline tickets. International flights from North America and Europe land in Buenos Aires at EZE (Ministro Pistarini International Airport; Ezeiza International Airport). Your flight to Salta, however, may (but not always) depart from AEP (Jorge Newbery Airfield), Buenos Aires. The distance between the two airports is ~44km and an hour without traffic.

However, traffic can be very heavy in Buenos Aires and we recommend you allow several hours between flights to clear immigration, customs, obtain luggage, and transfer to AEP to be sure you can make your connection.

PAYMENT

The payment must be done through a wire transfer. If payment applies to you, you will be emailed payment instructions after sign-up.

RESERVATION AND CANCELLATION POLICY

DEPOSIT

The trip must be paid 60 days prior to the start of the trip through a wire transfer. If the participant cancels within 59-31 days of the starting date, 50% of the trip balance will be refunded. If cancellation is made within 30-0 days of the trip starting date, there will be no refund of any costs. AUTENTICA SALTA recommends to take a cancellation insurance.

TRIP CANCELLATIONS OR DELAYS

AUTENTICA SALTA reserves the right to cancel or change the itinerary of the trip. If AUTENTICA SALTA cancels your trip and you are unable to participate, your total balance will be refunded. Occasionally, weather or other factors may cause delays or make completing a trip impossible. In these circumstances, there will be no refund of fees. Furthermore, AUTENTICA SALTA is not responsible for any additional costs (e.g. airline flight changes, additional hotel nights, etc.) associated with trip delays or itinerary changes due to weather or other factors.



WHO WE ARE

AUTENTICA SALTA is a boutique tour operator based in Salta, Argentina. Since 1995 we show the incredible landscapes hidden in Salta and in northwest of Argentina in a different way. We are specialists in Soft Adventure and Cultural Travel around one of the most beautiful regions in Argentina. The philosophy behind our trips is the respect to local tradition and to nature. Travelling with us, our guests know the authenticity of our incredible region.

FERNANDO ESCUDERO

FOUNDER

Born in Salta in 1970, he has worked in Adventure Tourism since the age of 15. He is an industrial engineer and after working in different industries and service companies, decided to change his lifestyle and in 1995 founded the first horseback riding company in Argentina. In 2007 he was named Secretary of the Commission for the creation of the Standards of Quality and Safety for Horseback Riding. He was the founder and first president of the Adventure and Ecotourism Travel Association of Argentina (AAETAV) and member of the Advisory Board of Adventure Travel Trade Association (ATTA). Fernando was Coordinator of the Tourism Promotion Institute of the Province of Salta, in charge of the international promotion of Salta. He coordinated adventure races for important brands such as The North Face and Columbia and was in charge of the Travel Mart Latin America for which 1000 businessmen from around the world visited Salta. He was Director of the Strategic Sustainable Tourism Plan of the Province of Salta for which 57 million dollars are being invested in the development of ecotourism. He is the local coordinator of the Adventure Travel World Summit 2017 - Salta, Argentina. Since 2004 he collaborates with the development of mountain rural schools and actually is president of Fundación Unir which helps mountain communities.

SOLEDAD GAZTAMBIDE

FOUNDER

Soledad was born in Buenos Aires in 1977. She belongs to a family of Creole horses breeders and she spent her childhood in different farms in the Province of Buenos Aires. This explains her love for horses and respect for nature. She has a degree in Business Administration and worked in different companies, in Deloitte Argentina as a consultant and Kraft Foods in finance and trade marketing. In 2007 she moved to Salta and was named CEO of Gaucho Trails, a horseback riding company dedicated exclusively to organize long rides in Salta, Patagonia and the Andes among others. It was chosen as one of the world's "Exemplary Practices in Ecotourism" by the World Tourism Organization (WTO). Together with Fernando they have visited great part of the Province of Salta and decided to found Autentica Salta, a specialized company in this region and in organizing tailor made tours. She is the trip designer of the company. In the trips you can visit hidden places that the conventional tourism doesn't know, share the life of local people, learn about wine with the best winemakers and cook the most delicious dishes of Argentina. Soledad helps in an Institution for the development of women and coordinates the program of help for mountain rural schools.

Together with our children Santiago, Nicolás and Tomás we live in Salta, the place we chose to see them grow. We hope that you can visit us and we will show you all the nice things Salta has to offer you.





WHY TRAVEL WITH US

LIFE CHANGING EXPERIENCES YOU WON'T FORGET

In 1995, we decided to follow a dream: to show the incredible landscapes hidden in Salta and Northwest Argentina in a different way. With us, you will be able to discover unique landscapes as well as the culture and authenticity of the people living in our region. The respect to local traditions and to nature is the philosophy behind our trips.

At AUTENTICA SALTA we are certain that sustainable tourism is one of the best tools that can be used to improve the world. This is why, together with our guests, we have developed a program to help with the improvement of the local people's way of life. This program includes educating them in tourism aspects, teaching them about nature protection and finding godparents to sponsor kids at rural schools. We devote all of our efforts to this initiative with the only purpose of leaving a better world for the next generations.



Salta
ARGENTINA

We were chosen as one of the world's "Exemplary Practices in Ecotourism" by the World Tourism Organization (WTO) and we are members of the Adventure Travel Trade Association (ATTA).



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THE
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