





UNESCO GEO-ARCHEO EXPLORER EXPERIENCE IN THE APUAN ALPS

Difficulty Explorer Experience



	When	15.10.2018 (1 DAY)
	Departure time	07.15 am / Estimated return time 5.00 pm
	Pick up/Drop off	Teatro Verdi, Montecatini
	Min- Max Participants	10-20 pax

DESCRIPTION

Such a quaint undiscovered corner of Tuscany, overlooked by dramatic imposing peaks and run through by spring and thermal waters, the **Equi Geo-Archeo Park** is a real jewel of archaeology and geology at the heart of the Apuan Alps Unesco GeoPark.

Karst cave, archeological sites, nature trails and speleo adventure for an ultimate enthralling experience. Last but not least a tasting lunch in the unique atmosphere of the cave!

Highlights:

- Explore the Geo-Archeo Park in the Apuan Alps including cave, prehistoric shelter, geo-nature trails
- One of the most quaint areas of northern Tuscany
- Unconventional tasting lunch inside a karst cave

PROGRAMME

Total transfer time: 3:30 hr drive by minibus/minivan/Bus round trip

Activity lasts: approx. 4 hrs + lunch time

Meals: L

Meet your English speaking tour leader in Montecatini and transfer to the Northern part of Tuscany called Lunigiana.

Equi Terme is a small historic village at the foot of the imposing Pizzo d'Uccello mountain where we will explore the **Unesco Geo-Archeo Park of the Apuan Alps**, a complex of sites of great naturalistic, geological, paleontological and archaeological interest, offering unique settings and visit possibilities.

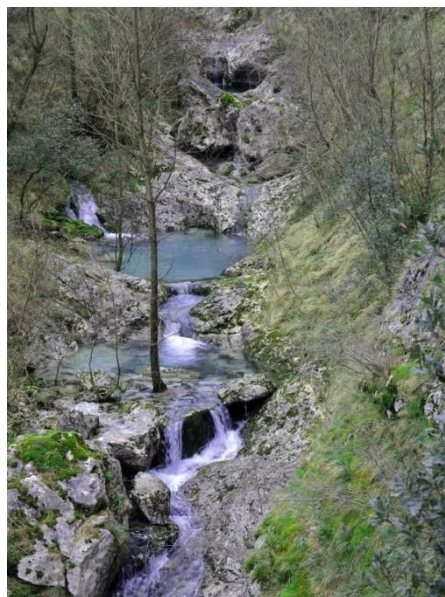
➤ **Explorer Experience** includes the following activities:

- **Equi Cave** -karst cave 1000m long featuring stalactites and stalagmites, walking along walkways and climbing steep steps throughout its tunnels among natural concretions. Temperature inside the cave 13°C. *(Visit duration 1 hour. Difficulty: 2)*
- **Tecchia -prehistoric cave shelter** carved for 30m inside the rock, where bones of now-extinct animals including the cave bear, as well as human artifacts from the Paleolithic to the Middle Ages, have been found. *(Visit duration approx. 40 min. Difficulty: 1)*
- **Solco, winding glen 1.5Km long** running through marble and limestone rock walls. Hike from the cave is approx. 1 hr 30 minutes return. On the way there are also two grottos used in the Prehistoric Era as burial sites. *(Visit duration approx. 1:30 hrs – 2-3 Km no gradient. Difficulty: 2)*

- Soak up in the unique atmosphere of the cave while enjoying a **tasting lunch** based on Km0 products and wine.

What's included:

- Transportation service by minivan or minibus
- Qualified English speaking tour leader
- Guided visit of the cave and archaeological park including equipment
- Tasting lunch in the cave based on local products and wine



INFO/FAQs

Difficulty/Trip rating: 2-easy active

Experience required: *None / Alert for claustrophobia or fear of heights.*

Disabled people: not suitable

Clothing/What to bring: Hiking shoes, warm and comfortable clothes, rain jacket, small backpack with water.

Equipment: helmet provided for explorer visit. Helmet with headlamp, harness, carabiners provided for speleo adventure.

Transports: minibus or Bus

Insurance: RC included. We suggest to stipulate a personal insurance health/baggage

Weather/Climate&Season: the tour may vary according to the weather condition.

Food Intolerances/allergies: to be advised by 72 hours prior the beginning of the tour